

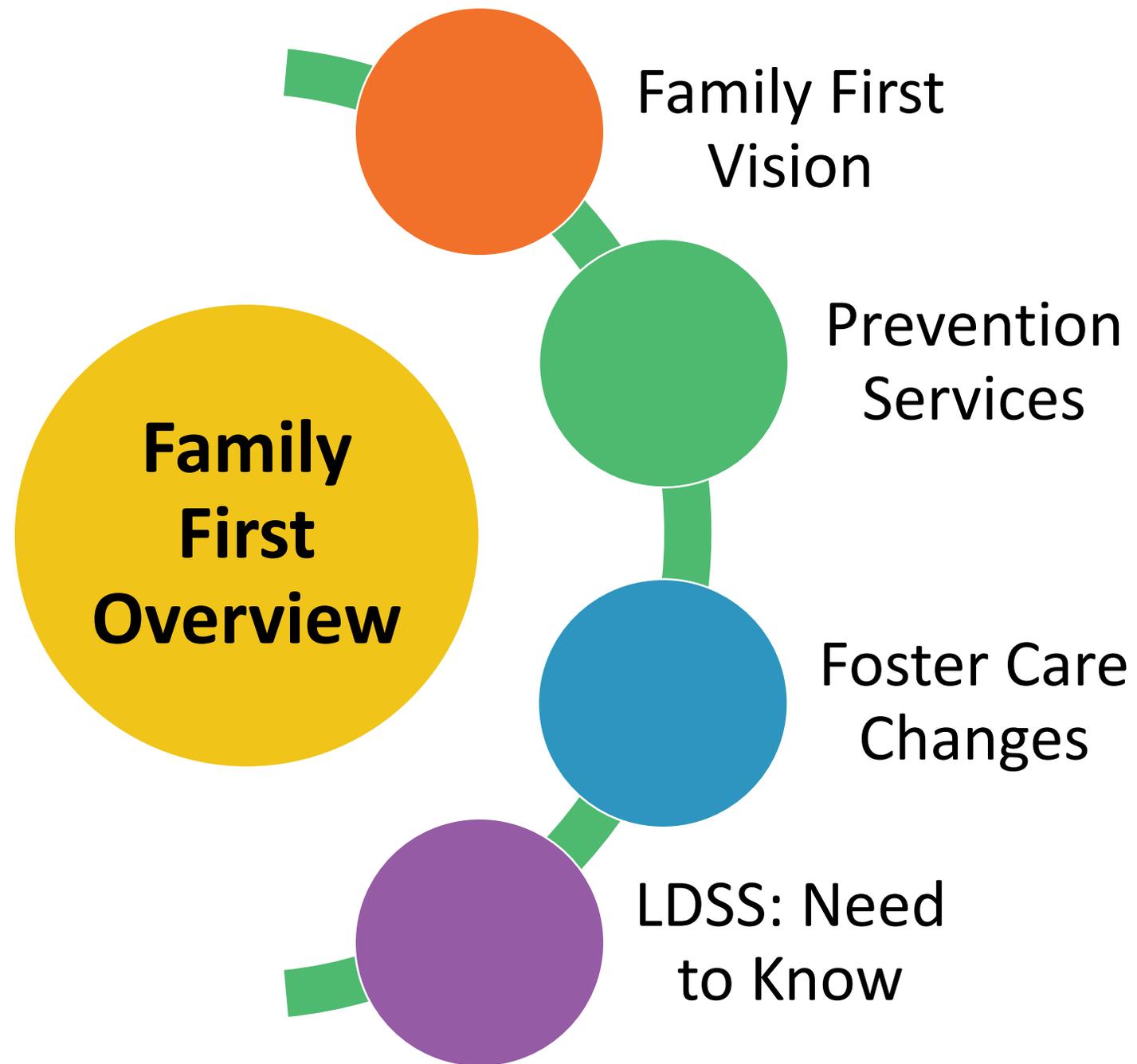
FAMILY FIRST

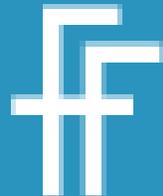
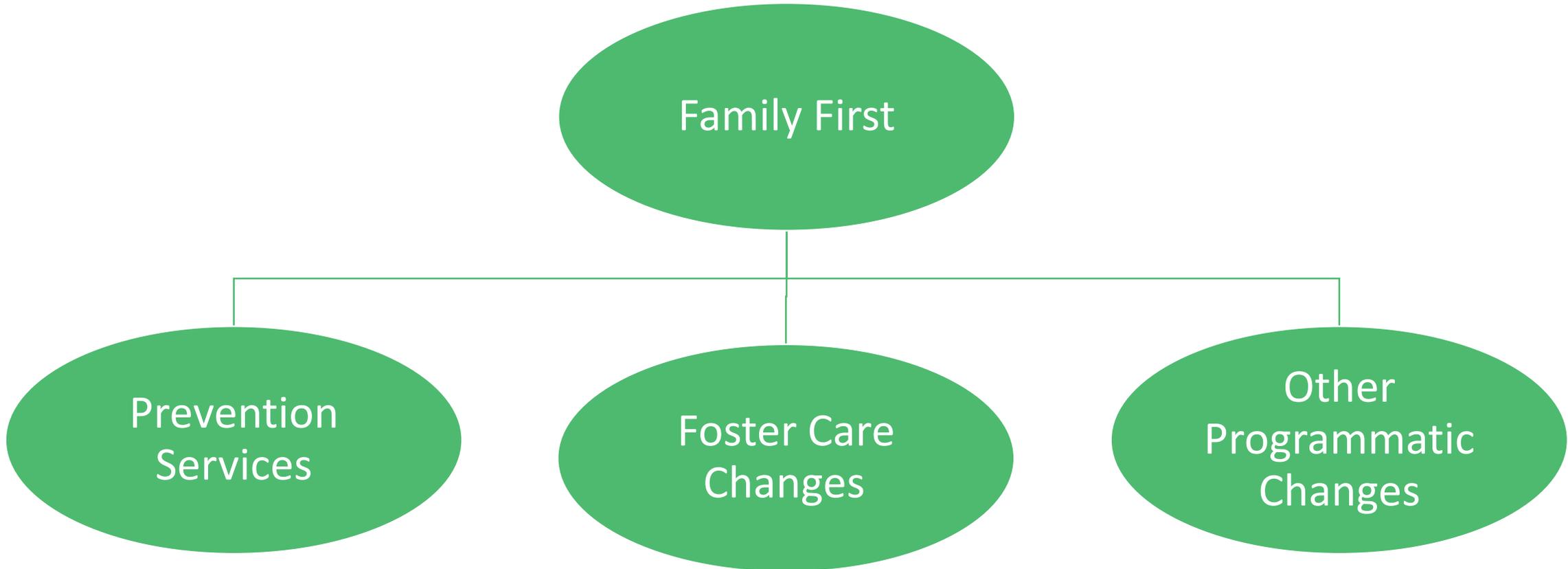
VIRGINIA

Family First Prevention
Services Act
An LDSS Perspective



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES





Our **vision** for Family First is to **keep children safe, strengthen families and reduce the need for foster care** whenever it is safe to do so.



Prevention Services



IV-E

\$210 million

50/50 match rate
(federal/state)

Children's Services Act

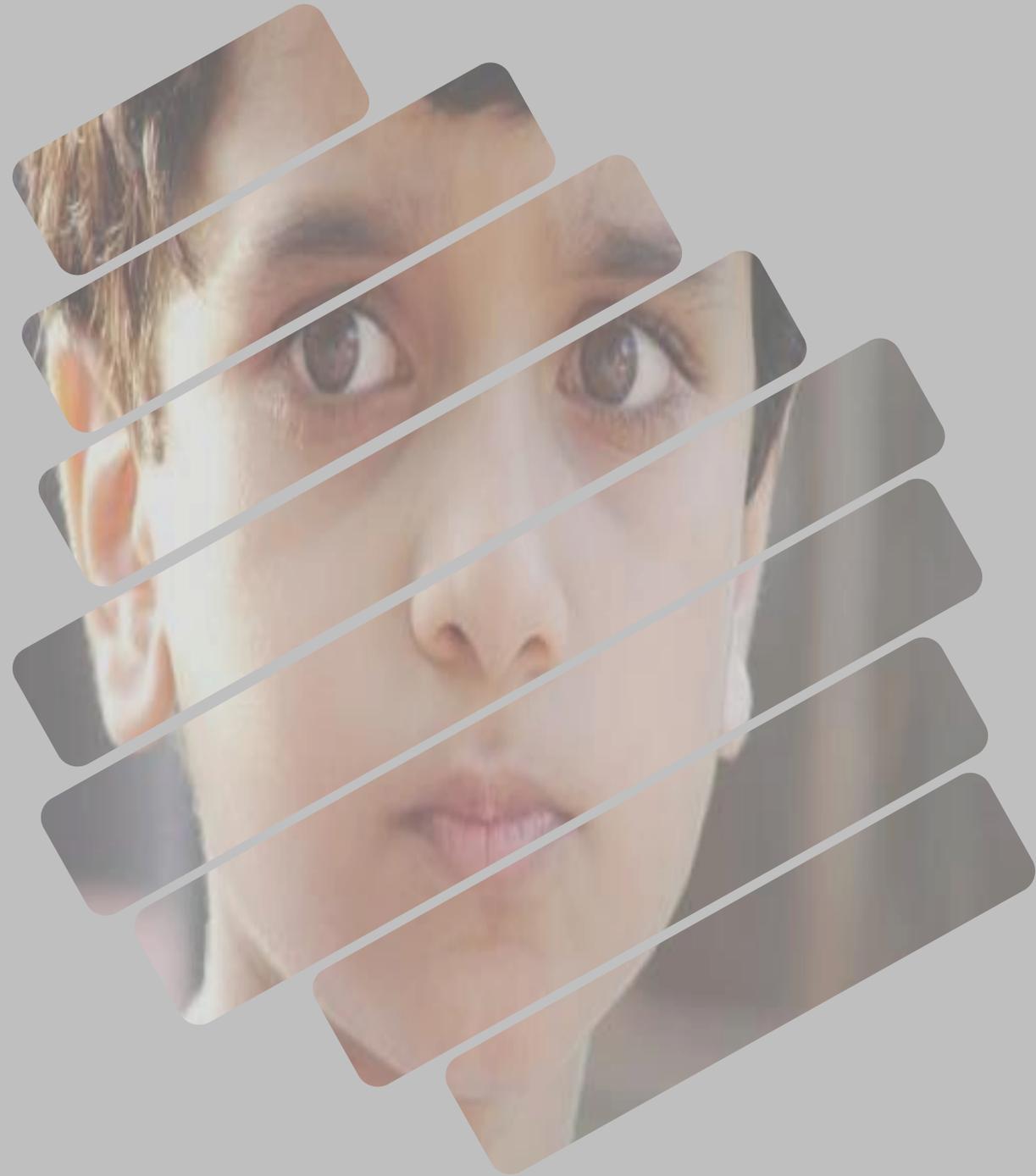
\$370 million

65/35 average match rate
(state/local)



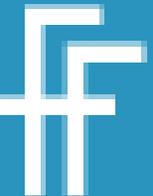
- ❖ A child (and their caregivers) who is a candidate for foster care who can remain safely at home or in a kinship home and is identified as being at imminent risk of entering foster care
- ❖ A child in foster care who is pregnant or parenting
- ❖ A child whose adoption or guardianship arrangement is at risk of a disruption/dissolution and includes post-reunification services

There is no income test for eligible children and families.



Imminent Risk

“Imminent risk” means a child and family’s circumstances demand that a defined case plan is put into place within 30 days that identifies interventions, services and/or supports and absent these interventions, services and/or supports, foster care placement is the planned arrangement for the child.





- ❖ The Candidate for Foster Care must have a written prevention plan which includes the following:
 - ❖ Identify the prevention strategy so that the child came remain in the home, live temporarily with a kin caregiver until reunification can be safely achieved, or live permanently with a kin caregiver;
 - ❖ List of services or programs to be provided to or on behalf of the child to ensure success of the prevention strategy

Reasonable Candidate

A child is a **reasonable candidate** if the child only needs a service that is **not** a mental health treatment, substance abuse treatment or in-home parent skills training.

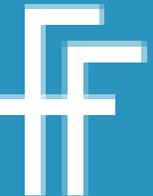
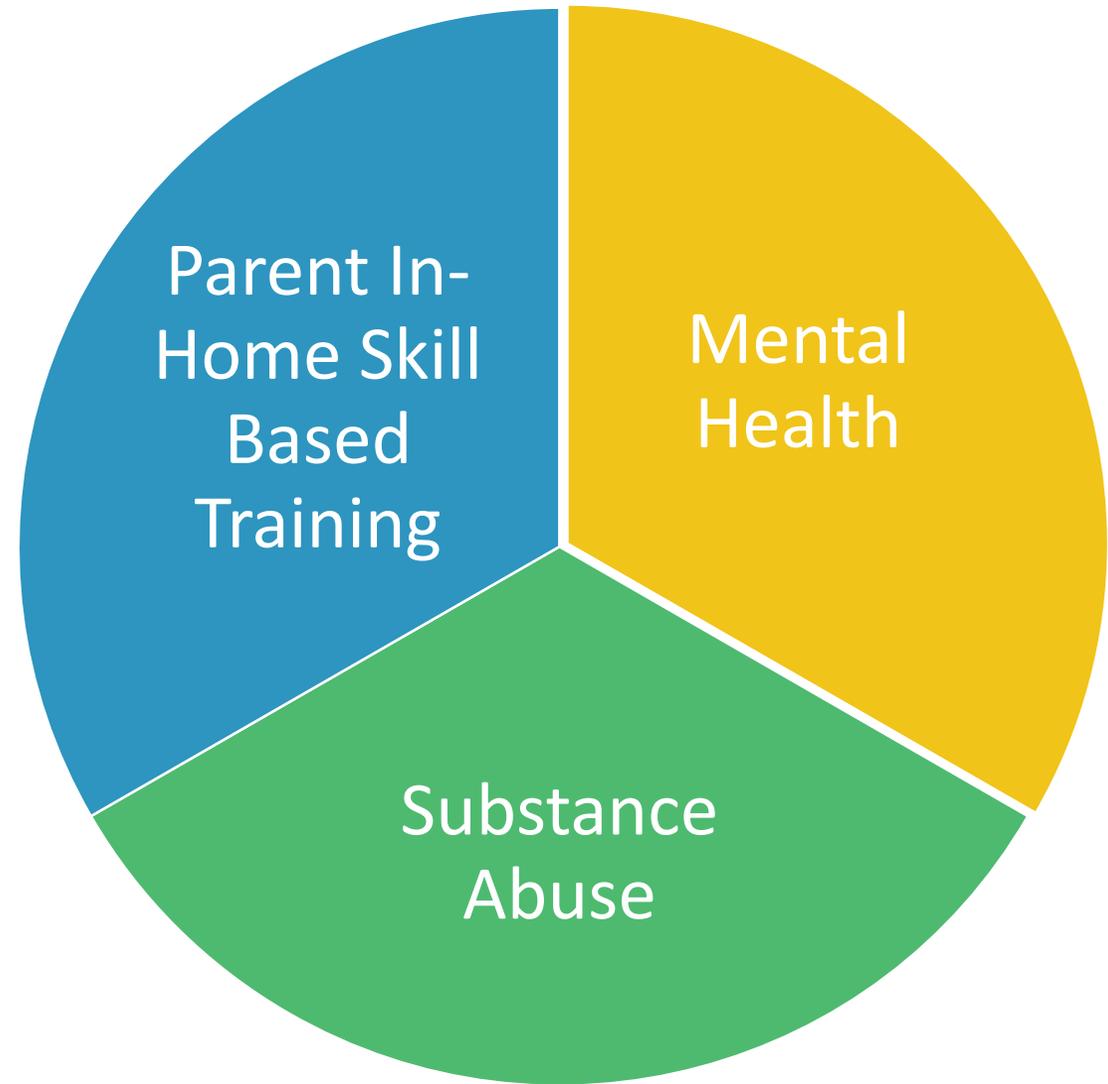
Candidate for Foster Care

A child is a **candidate for foster care** if the child and/or caregiver need mental health, substance abuse treatment or in-home parent skills training.

IV-E Reimbursable Services

Trauma Informed

Evidence-Based



Well Supported

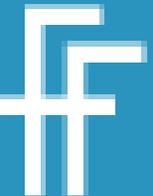
- Improved outcome must be based on the results of at least 2 studies that used a random control or quasi-experimental trial
- Carried out in a usual care or practice setting
- Sustained effect for at least one year beyond the end of treatment

Supported

- Improved outcome must be based on the results of at least one study that used a random control or quasi-experimental trial
- Carried out in a usual care or practice setting
- Sustained effect for at least 6 months beyond the end of treatment

Promising

- Improved outcomes must be based on at least one study that use some form of control group



Initial Services Under Review

Mental Health Prevention Treatment Services

- Parent-Child Interaction Therapy
- Trauma-Focused Cognitive Behavioral Therapy
- Multisystemic Therapy
- Functional Family Therapy

Substance Abuse Prevention Treatment Services

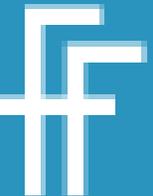
- Motivational Interviewing
- Multisystemic Therapy
- Families Facing the Future
- Methadone Maintenance Therapy

In-Home Parent Skill- Based Programs

- Nurse-Family Partnership
- Healthy Families America
- Parents as Teachers

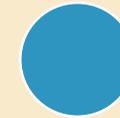
Kinship Navigator Programs

- Children's Home Inc. Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)
- Children's Home Society of New Jersey Kinship Navigator Model



Release of Clearinghouse
Handbook of Standards and
Procedures
April 2019

Release of the next list of
evidence-based services
to be reviewed
Late Spring-Summer 2019



May 2019
Release of Program
and Service Ratings of
the Initial 11 evidence-
based services



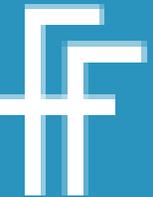
Foster Care Program Changes

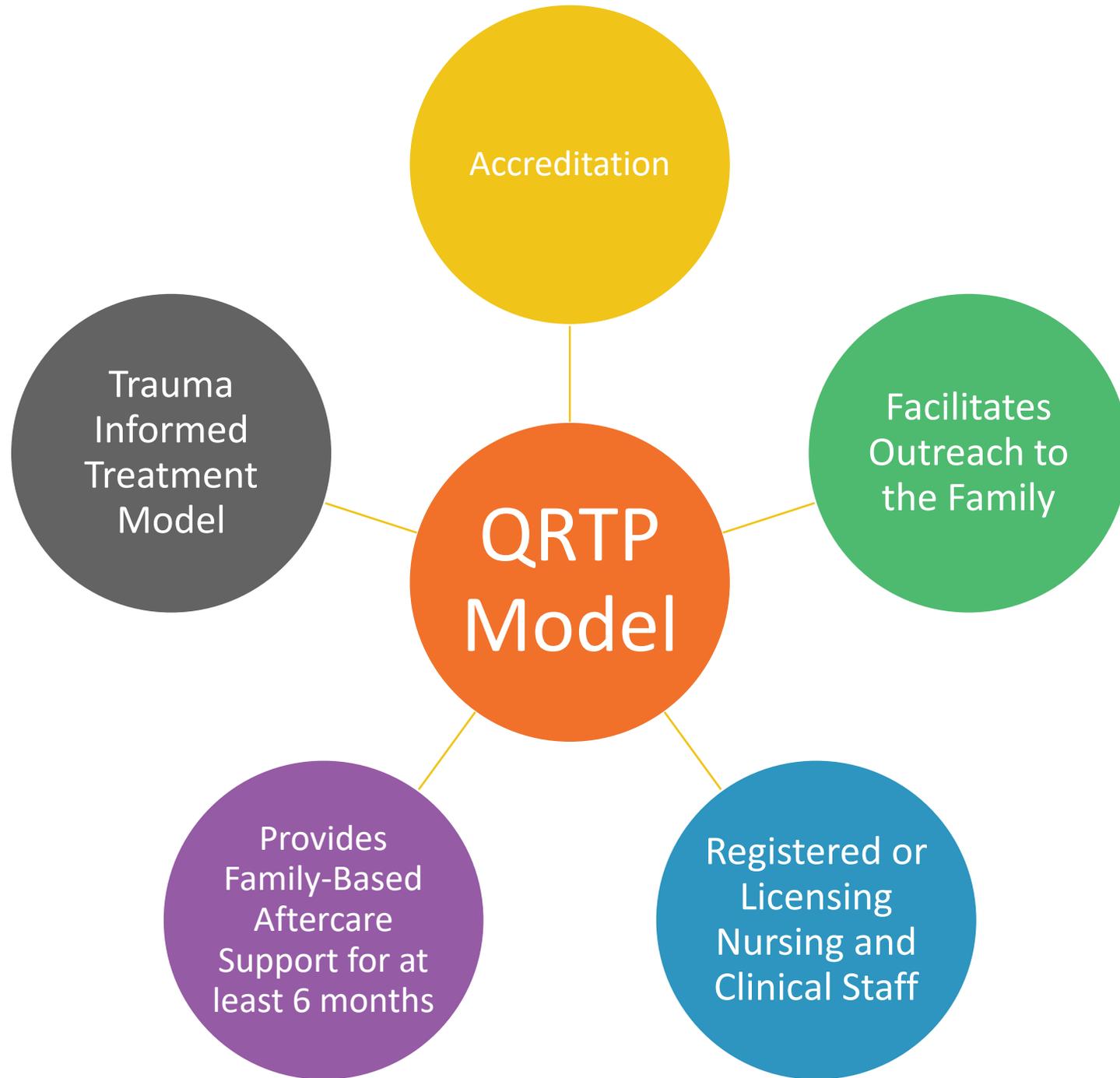




After a two-week grace period, IV-E payments will be limited to the following placement types:

- ❖ Family and kinship foster homes
- ❖ Placements for pregnant or parenting youth
- ❖ Supervised independent living for youth 18+
- ❖ Qualified Residential Treatment Programs (QRTP) for youth with treatment needs
- ❖ Specialized placements for victims of sex trafficking
- ❖ Family-based residential treatment facility for substance abuse *(beginning October 2018)*





QRTP Requirements

30-day Assessment

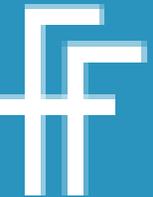
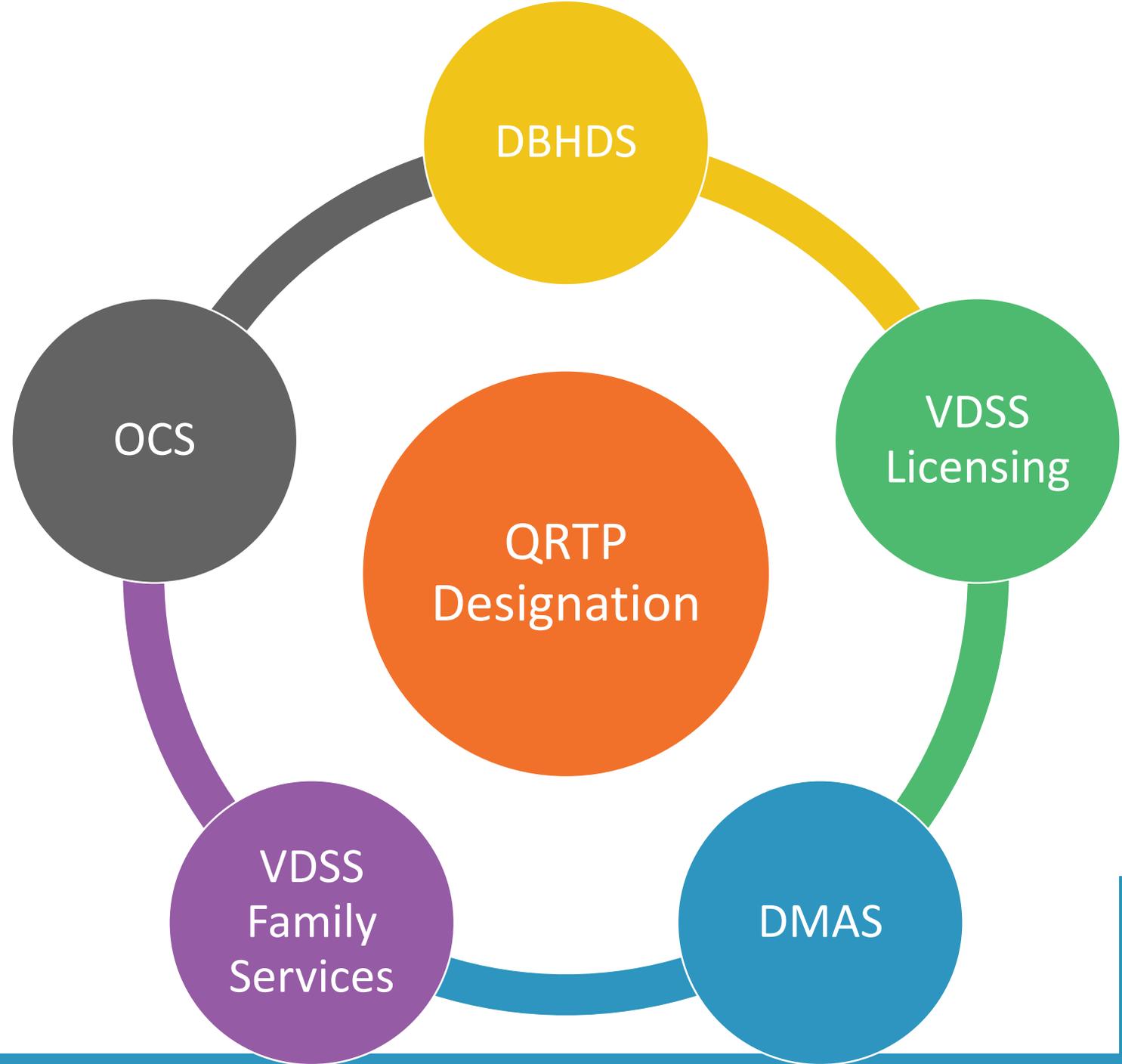
12-month review by
Commissioner



60-day Court Review



QRTP Collaborations



Qualified Individual

Licensed Mental Health Professional means a physician, licensed clinical psychologist, licensed professional counselor, licensed clinical social worker, licensed substance abuse treatment practitioner, licensed marriage and family therapist, certified psychiatric clinical nurse specialist, or licensed behavior analyst. As defined in 12VAC35-105-20.

Qualified Assessment

Recommended use of the mandatory Medicaid clinical assessment process (currently known as IACCT), with the possibility of an added Child Welfare module.

- This will require extensive collaboration and planning with the Department of Medical Assistance Services (DMAS) to determine feasibility.



Implementation



Public Law 115-123
DIVISION E—HEALTH AND HUMAN SERVICES EXTENDERS TITLE VII—FAMILY FIRST PREVENTION SERVICES ACT

Virginia Department of Social Services
(IV-E Funding Entity)

Virginia Office of Children's Services
(State Foster Care Funding Sources)



Three Branch Leadership Team
(Judicial, Executive and Legislative Branches of Government)



Three Branch Home Team

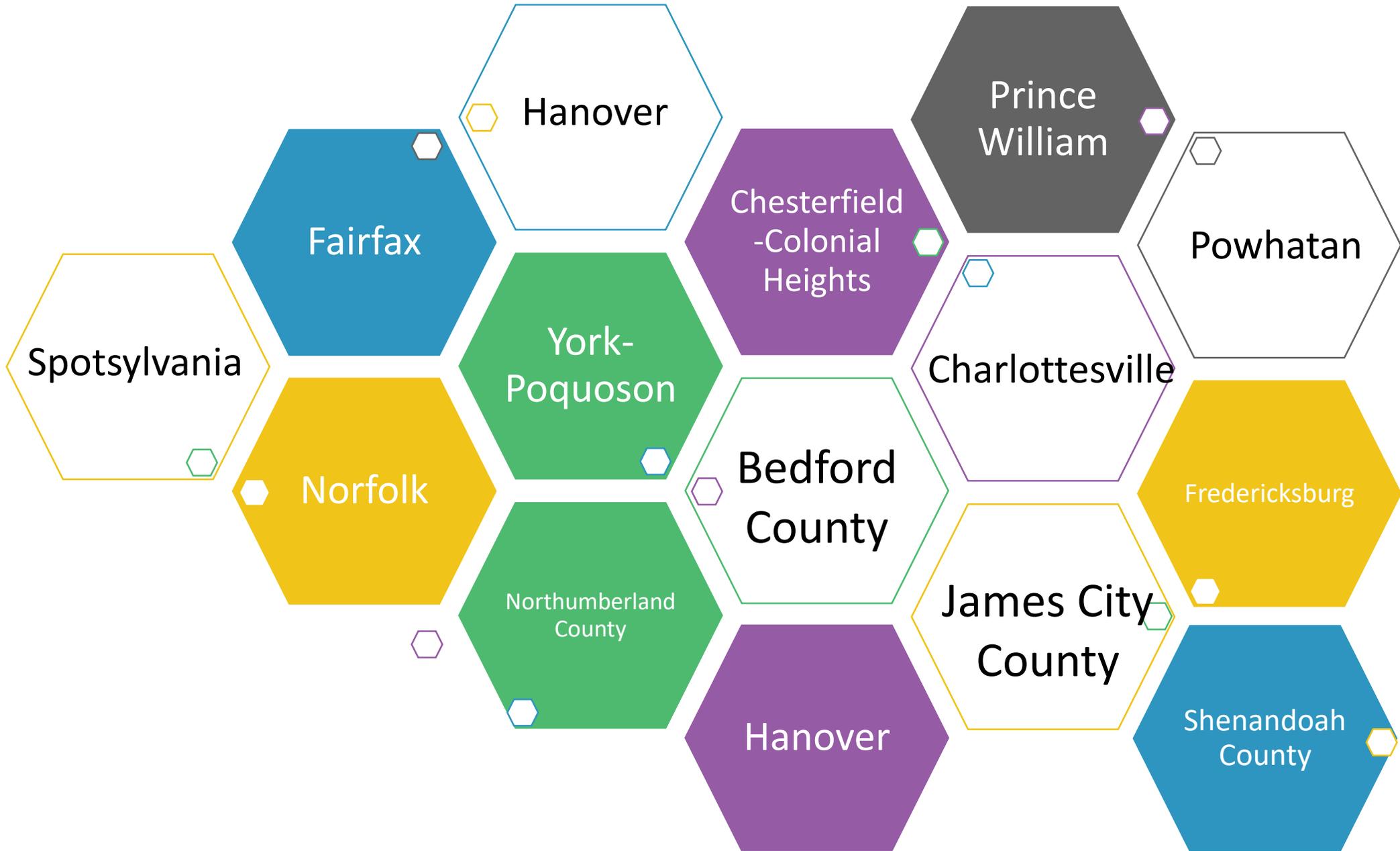


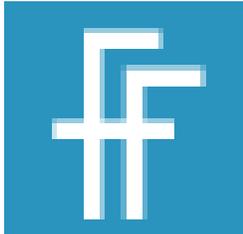
Finance

Prevention Services

**Appropriate Foster
Care Placements**

**Evidence-Based
Services**







= **10,884 hours of work** invested in the implementation of the Family First Act in Virginia

***June 2018 – April 2019*



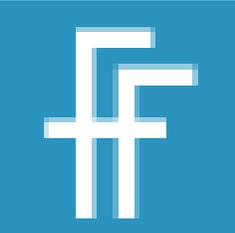
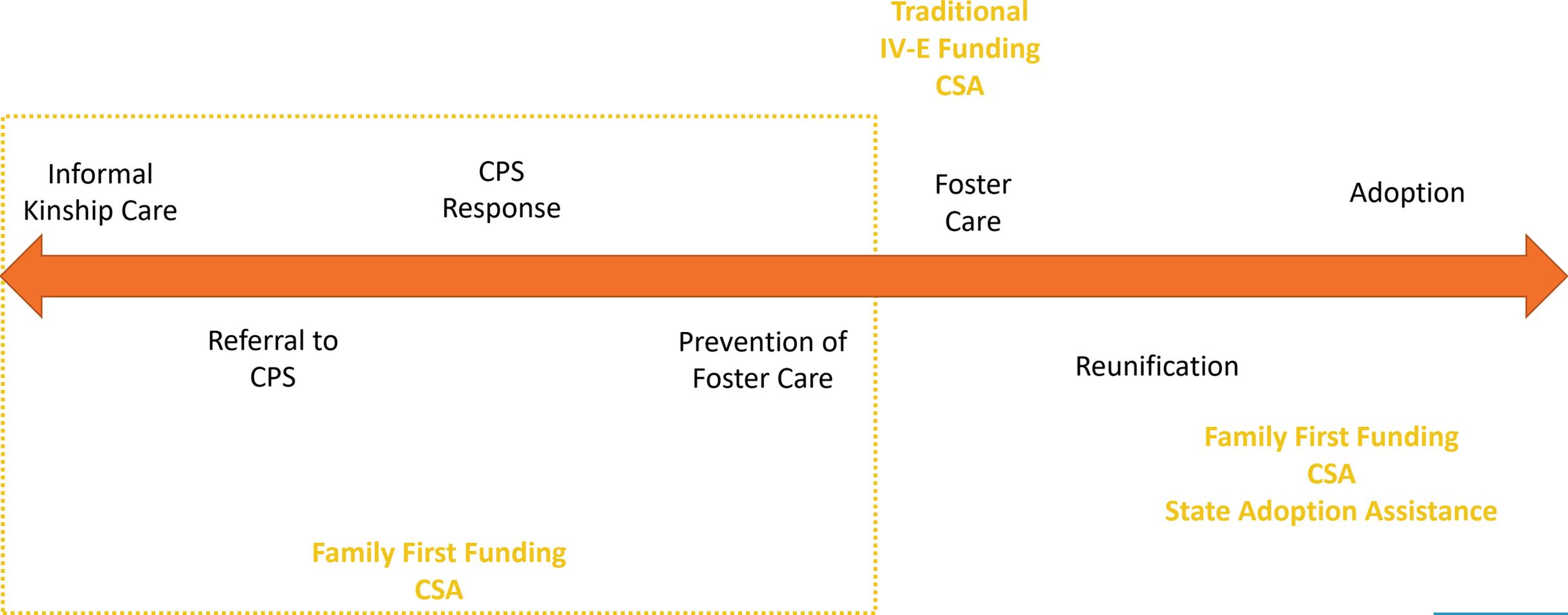


We know some of
the pieces,
But we're still
figuring out many
of the pieces.

Implications for Local Agencies



Prevention Services Across the Continuum



To Do

- Consider establishing a local Three Branch Team
- Locate the providers in your community and ensure they're aware of these changes
- Reach out to the Family First Team if you have any questions
- Stay Tuned for our public-facing website which will be debuted soon!

**FAMILY
FIRST**

VIRGINIA

familyfirst@dss.virginia.gov



**VIRGINIA DEPARTMENT OF
SOCIAL SERVICES**